



Cranbrook Primary School Newsletter

Issue: 30
22nd May 2024

Thought of the week

"We show respect by speaking and acting with courtesy. We treat others with dignity and honour. Respect yourself and others will respect you."

Dear Parents/carers,

Thank you for your support last week during Mental Health Awareness week and for helping turn our school green on Thursday, we raised **£131.00** so thank you for your generosity. The theme of this year's awareness week was movement and how it contributes to our positivity and well-being.

So with this in mind, I encourage you all to enjoy the upcoming half term and get moving with the family.

We are blessed to live in a borough with amazing outdoor spaces and a capital with so many museums, galleries and attractions so I encourage you all to take sometime to enjoy our outdoors. Listed below are links to give you some ideas on what's available.

31 free things to do in London

<https://www.visitlondon.com/things-to-do/family-activities/31-free-things-to-do-with-kids>

Listing of free museums and art galleries in the UK

https://www.moneysavingexpert.com/deals/free-museums-and-art-galleries/?utm_campaign=mse_home#london

Outdoor gyms in Redbride Parks

<https://youtu.be/BRUHs2XdqO4>

Self-guided London Walks

<https://mylondonwalks.com/>

<https://www.walklondon.com/>

Enjoy the half term everyone!



Car safety:

Can all parents please remember it is a legal requirement for all passengers to be safely fastened into age appropriate car seats. UK law dictates that a child must use a child car seat until they're 12-years-old or 135cm tall, whichever comes first. Children over the age of 12 or more than 135cm tall must wear a seat belt.

Additionally, recent changes to the highway code have set out a hierarchy of road users, **placing pedestrians as the most vulnerable road users**, therefore placing emphasis on the need to give way to pedestrians crossing or waiting to cross a road into which or from which drivers are turning. These rule changes also make it clear that pedestrians should 'cross at a place where drivers can see you.' Please can we all work together to ensure the safety of everyone during school drop off and collection times by adhering to the highway code and looking out for our fellow travellers.

Key Dates

Term Dates for 2024

Summer Term 2024:

Monday 15th April-Tuesday 23rd July 2024

Half Term break:

Monday 27th May-Friday 31st May 2024

Monday 22nd April 2024-Monday 17th June 2024

Year 5 Red swimming lessons
(every Monday morning)

Thursday 23rd May 2024

Year 4 Freshwater Theatre Drama
Workshop in school

Thursday 23rd May 2024

Year 3R/3Y- Horrible History Boat Tour

Friday 24th May 2024

Year 3G/3B-Horrible History Boat Tour

Friday 11th June 2024

Nursery Living Things Workshop in school

Tuesday 18th June-Wednesday 19th June

Year 5 Residential trip to Gilwell Park

Inset Days 2024:

3rd June 2024

School will be closed on Inset days



Online Safety:

More and more devices are being used amongst children. We know it can be tough to stay on top of kids smartphone use, especially if they are just starting their digital journey. The link below provides useful tips and advice.

<https://www.internetmatters.org/setupsafe/>

Free Webinars for Parents:

Dear Parents/Carers,

We are pleased to be able to offer you a series of free parenting webinars over the next few weeks.

The webinars will cover key topics which will provide you with materials, guidance and strategies to support your children.

All webinars are free and can be accessed from home in the evenings.

The second topic will focus on '**Transition to Secondary School**'.

This will take place on **Tuesday 5th June from 7pm - 8pm**.

Please click on the link which is on the flyer attached to register and you will be emailed a zoom link to join on the day.

Please make the most of this opportunity and join our free upcoming webinars. Please see the flyer attached for more information.

Information for Year 5 Parents-11+ Exam: The 11 plus exam for 2025 entrance will be held on **Friday 20th September 2024** – this is the second year we are testing on a weekday as last year was a success, children who sit the test will be given an authorised absence from the primary school.

Registration will open on **1 May and will close at 5pm on 15 June 2024** – this is a strict deadline. It is not possible to register before or after these dates. **The registration period is shorter this month, please ensure your parents are aware! So please note the deadline.**

Parents must register their child when they are in Year 5 during the above registration dates on the following link, children will sit this exam when they are in Year 6: [Redbridge - Redbridge 11 Plus](#)

Looking after your Mental Health- Exercise:

When you know all the benefits that exercise brings, taking the first step to doing it is easier said than done. Here are some common barriers and how you can get past them.

You feel exhausted: Sometimes, you don't have the energy, and the last thing you want to do is put on your kit and exercise. But, as mentioned before, exercise makes you feel more energised. Set yourself a goal of a 5-minute walk, and the chances are that once you start moving, you'll find you're ok to keep going.

You feel overwhelmed: When you're stressed or depressed, adding another activity to an already busy day can feel overwhelming and become a burden amongst other commitments. Try viewing movement as a priority and something you do for yourself. Be strict with prioritising this time. It doesn't have to be hours of training, even 15 minutes will help.

You feel hopeless: You might be finding that nothing is worth doing and you're not able to exercise. It's best and ok to start slow and to go at your own pace. To begin with, try a walk or a gentle stretch for a few minutes a day, then slowly build yourself up. Remember, the more you exercise, the more confident you'll become. Start small.

Lost Property If your child has lost an item of clothing in school, please take a look at the **Lost Property Tubs**, which are located in the school playground by the green sheds.

If you have accidentally taken a blue batman scooter from the bike shed, please return it to the school office.



School will be closed on Monday 3rd June for pupils due to Inset day

Family Maths Challenge:

Answer to last week's challenge: 21 handshakes

Isabella has a big family of twenty cousins, ten uncles, and ten aunts. Now each cousin has an aunt who is not Isabella's aunt. Who is that aunt?



Friends of Valentines Mansion Poetry Competition:

We are delighted to tell you that one of our pupils entered a poem for the recent **Friends of Valentines Mansion Poetry Prize Competition 2024**. Entries closed last month. Winners are currently being shortlisted and certificates are being prepared for the pupils who entered the competition. These will be awarded at our poetry event **VERSES ATVALENTINES** at Valentines Mansion on Sunday 9th June 2024 from 12pm - 5pm. This event is a public event. If you wish to attend the family event please see the flyer attached for more information along with a booking link below:

<https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ticketsource.co.uk%2Fwhats-on%2FIlford%2Fvalentines-mansion-gardens%2Fverses-at-valentines-2024%2Fevlpkrk&data=05%7C02%7Cadmin.cranbrookprimary%40redbridge.gov.uk%7Cd58de376387c447a3d5c08dc78abdc5e%7C2a8b2c162e9e4dcea97ba0b34e803a22%7C0%7C0%7C638517927519159225%7CUnkown%7CTWfPbGZsb3d8eyJWljoimC4wLjAwMDAilCJQljoiv2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ocsGswXpaL6mKv0JTHBVoCY4JZo0OHPWxqcs7pj73qI%3D&reserved=0>



Attendance Winners

Well done to **Year 3 Green & 4 Red** for achieving **99.3%** attendance this week!

Remember Good attendance= Good Progress

Congratulations to **1 Yellow, 4 Red & 5 Yellow** on completing the 15 days attendance challenge for "Every day matters" and achieving 100% attendance.

Email address to report an Absence:

Please report any absence for your child on the email address below:

absence@cranbrookprimary.redbridge.sch.uk

Gold Awards: Ibrahim. R, Humayra. A, Atoofa. M-1G, Aasiya. V, Aasim. M, Ayra. Z, Ayaan. R-1B, Chimamanda. A, Sumaiyah. R, Jasmine. M, Sumaiyah. N, Muhammed. A, Hana. U, Gabriel. H-2Y, Bilal. I-2G, Yusuf. S, Gesa. S-4R, Yasin. Murtaza. H-S-4G, Farnaz. K, Aasiyah. S-4B, Maya. D, Eliza. M-5B, Zala. H-5R, Fabian. F, Yusuf. Q, Vlad. I, Khalid. P, Haider. C, Olivia. C, Georgie-Ann, Rayyan. R-6Y, Atene. U-6B, Ayra. A, Sadat. M, Marwa. N, Yusra. A, Abdul-Rahman, Laila. S, Jans. M, Maryam. C, Eri. B, Martin. M, Maaria. A, Lionel. D, Abdullah. R-6R

Reception Star of the Week:

Yahya. S-RR, Zaki. Q-RY, Rumaisa. R-RG, Madinah. C, Hiyara. B-RB

Achievement Awards for PE/ Dance :

Name	Class
Hayansh. C	1R
Ayesha. A	1Y
Mohammed Khan	1G
Yahya. A	1B
Beno. C	2R
Hamzah. S	2Y
Zidane. P	2G
Muna. A	2B
Kylie. A	3R
Maliha. K	3Y
Husnara. H	3G
Yosuf Ullah	3B
Ayaan. M	4R
Neyayesh. A	4Y
Sajid. A	4G
Safa. S	4B
Mehvish. I	5R
Saira. H	5Y
Elisa. L	5G
Eliza. M	5B
Sadat. M	6R
Haider. C	6Y
Viren. R	6G
Aroush. W	6B

Star of the ARP:

Maryam. A



Rights Respecting:

Article 8: Every child has the right to their identity. Your identity includes things like your name, age, race and religion. You should make sure to take care of your identity otherwise criminals might try to steal it. It is important that each child understands their identity.

Dylan George 5B

It is important that all parents, adults and children know the rights of a child. They should be followed always. They protect children from danger. By learning and following the rights of a child, we ensure we protect children and give them freedoms to express themselves.

Well done everyone!

VISITORS CODE OF CONDUCT:

We thank our visitors for observing this good behaviour. However, in a very small minority of cases, behaviour of some can cause disruption, resulting in abusive or aggressive behaviour towards staff, other parents, carers or visitors. This will not be tolerated. All members of the school community have a right to expect that their school is a safe place. If the parent's behaviour is unreasonable, permission for them to be on the school premises may be withdrawn and they will become a trespasser.



Sports Days Wednesday 3rd, Thursday 4th and Friday 5th July 2024

Please see the below dates for Sports days 2024:

Wednesday 3rd July – EYFS

Thursday 4th July - Years 1 to 3

Friday 5th July - Years 4 to 6

Hubs, ARP and Cube will have their Sports day separately.

More information will be shared in the following weeks.



May half Term at Redbridge Drama Centre:

Please see the flyer attached for more information.

Reading Achievements

Congratulations to Nirvaair. P- 3R for completing her reading challenge.

Who Inspires YOU!

We would love you, our parents & carers, to share recommendations of individuals who inspire you or your children, especially from your own culture.

Your diverse insights will contribute to a variety of inspirations within our school community.

Please send them to:

**Admin.cranbrookprimar
y@redbridge.gov.uk**



Celebrating Cultural Connections-Celebrating diversity across our school:

Yinka Shonibare

Yinka Shonibare (born February 10, 1962, London, England) is a British artist of Nigerian [heritage](#) known for his examination of such ideas as authenticity, identity, [colonialism](#), and power relations in often-ironic [drawings](#), [paintings](#), [sculptures](#), [photographs](#), [films](#), and installations. A signature element of his work is his use of so-called Dutch wax-printed fabric, produced by means of a [batik](#)like technique.

For over 30 years, **Yinka Shonibare CBE** has used Western art history and literature to explore contemporary culture and national identities. *Suspended States* is the artist's first London solo exhibition in over 20 years. It showcases new works, interrogating how systems of power affect sites of refuge, debates on public statues, the ecological impact of colonisation and the legacy of imperialism on conflict and consequential attempts at peace.

More information about the 'Suspended States' exhibition: <https://www.serpentinegalleries.org/whats-on/yinka-shonibare-cbe-suspended-states/>